

Health Benefits

‘...provide essential health benefits to your customers and team...’

Our plants not only look fantastic they have scientifically proven health benefits which include....

- Reduce levels of harmful toxins in the air, called Volatile Organic Componds (VOC's)
- Reduce CO2
- Increase O2
- Improve humidity levels
- Mediate temperature levels
- Reduce noise and echo
- Improve people's well being & morale
- Improve people's stress levels & behaviour
- Reduce sick leave
- Improve productivity
- Improve people's perception of a work place

Extensive research conducted in the USA and Australia shows conclusive evidence that indoor plants improve air quality significantly. Dr Ron Wood, from the University of Technology Sydney, has found that indoor plants in the workplace improve "indoor air quality, with a reduction in the levels of volatile organic compounds (VOCs), improved productivity by up to 12%, and reduced absenteeism and staff turnover cost". His research also concludes that "Indoor air pollution is a health hazard, which causes diseases, lost work days and reduced quality of life. Unhealthy indoor air has been estimated to cost the Australian community \$12 billion dollars a year, and is a generally unrecognised significant environmental issue".

Futher information on this topic click on the Reference Articles link.